



FREQUENTLY ASKED QUESTIONS

Q. What is *Health Magazine's Here Comes the Sun Yoga Festival*?

A. *Health Magazine's Here Comes the Sun Yoga Festival* is an all-day, outdoor health and yoga festival at Central Park's Wollman Rink created by *Health magazine* in association with YogaWorks®.

Q. How do I get to Wollman Rink?

A. Central Park South (59th Street) and 6th Avenue. Wollman Rink is a two minute walk into Central Park from this entrance. Follow the footpath directly into the park.

By Subway:

Take the A, B, C, D, 1, 9 to 59th Street

Take the N, R to 5th Ave.

Take the B, Q to 57th Street

By Bus:

Take the M1, M2, M3, M4 to 64th Street

Take the M5, M7, M10, M104 to Columbus Circle

Q. How do I register for *Health Magazine's Here Comes the Sun Yoga Festival*?

A. To register, go to Health.com/perks and click "purchase tickets."

Q. What is the registration fee?

A. The event registration fee is \$25 online at health.com/perks, and \$30 the day of the event. A portion of all proceeds will benefit the Step Up Women's Network.

Q. Is there a musical performance?

A. Yes.

Q. Am I allowed re-entry into the event?

A. When you arrive at the event registration area and have paid your registration fee, you will be given a wrist band. This wrist band will allow you to leave and come back.

Q. Do I need to bring my own yoga mat?

A. Yes, but yoga mats will also be on sale at the event.

Q. What is the class schedule? Do I need to get there at 11 in order to participate?

A. The festival will feature a variety of classes for all levels throughout the day, including Yoga for Beginners, Vinyasa Flow, Mat Pilates, Detox Yoga and more! The schedule of classes will be posted on www.health.com/perks—check back for updates.

It is our recommendation that you arrive at the festival early, in order to receive prime space in the classes, as space will be limited. Also, there are many exciting interactive demonstrations going on in addition to the yoga classes that you will not want to miss!

Q. What if it rains?

A. *Here Comes the Sun* is on, with or without sun!

Q. Where can I put my bag?

A. Free baggage storage facilities will be provided inside the entrance to the festival. Please do not bring valuables to the event.

Q. Will there be bathrooms on-site?

A. Yes, there will be portable restrooms available.

Q. Can I bring my dog?

A. No. Dogs are not allowed in Wollman Rink.

Q. Will food and water be available for purchase?

A. Yes.

Q. What if I register for the event but already have a subscription to *Health Magazine*?

A. You will receive an extension to your current subscription, you will not receive two magazines.